

Commissioned by



FOUNDATIONS IN ADULT PALLIATIVE & END OF LIFE CARE

Four-day programme for Registered Nurses & Allied Healthcare Professionals (AHPs)

This interactive four-day programme is for Registered Nurses and Allied Healthcare Professionals (AHPs) working in community or inpatient settings across the Trust and addresses the key principles in Adult Palliative Care. It aims to equip staff with core knowledge and skills in delivering palliative and end of life care including:

- Advance Care Planning
- Assessment and Care Planning
- Care in the Dying Phase
- Syringe Driver Management
- Symptom Management
- Sage and Thyme™ training (foundation level workshop learning how to use evidence-based skills when listening and responding)
- Understanding Spiritual Care
- Palliative Care Emergencies
- Introduction to Loss and Grief
- Wellbeing/Caring for Each Other

This is a competency-based programme with **sessions delivered in person and online through Zoom**. Staff will need to attend all sessions. Competency booklets will be issued at the beginning of the programme for completion in clinical practice. Each person attending will need to identify a mentor in their team to support achievement of the competencies.

Book your place today:

To secure your place for any of the above sessions, please email your **name, job title, work location, base contact number** and **line manager's name** to education@birminghamhospice.org.uk, and clearly **state which cohort** you wish to attend.

IMPORTANT: when emailing, please ensure your Subject Header is **BCHC Palliative and EoL Programme**

Programme details:

Cohort 27		
Day One		
Monday, 20 January 2025 Face-to-face sessions to be held at Birmingham Hospice, 176 Raddlebarn Road, Birmingham B29 7DA	Introduction	9.00am to 9.30am
	Advance Care Planning	9.30am to 12.30pm
	Assessment & Care Planning	1.00pm to 2.15pm
	Care in the Dying Phase	2.30pm to 4.00pm
Day Two		
Wednesday, 12 February 2025 Face-to-face sessions to be held at Birmingham Hospice, 176 Raddlebarn Road, B29 7DA	Syringe Drivers	9.30am to 12.30pm
	Symptom Management	1.00pm to 4.00pm
Day Three		
Wednesday, 26 February 2025 Virtual to be held on Zoom	Sage and Thyme	9.30am to 12.30pm
	Spiritual Care	1.00pm to 3.00pm
Day Four		
Thursday, 13 March 2025 Virtual to be held on Zoom	Palliative Care Emergencies	12.00pm to 1.30pm
	Introduction to Loss & Grief	2.00pm to 3.30pm
	Wellbeing/Caring for Each Other	3.45pm to 5.15pm

Cohort 28**Day One**

Monday, 28 April 2025

Face-to-face sessions to be held at Birmingham Hospice, 176 Raddlebarn Road, Birmingham B29 7DA

Introduction

9.00am to 9.30am

Advance Care Planning

9.30am to 12.30pm

Assessment & Care Planning

1.00pm to 2.15pm

Care in the Dying Phase

2.30pm to 4.00pm

Day Two

Wednesday, 14 May 2025

Face-to-face sessions to be held at Birmingham Hospice, 176 Raddlebarn Road, B29 7DA

Syringe Drivers

9.30am to 12.30pm

Symptom Management

1.00pm to 4.00pm

Day Three

Tuesday, 3 June 2025

Virtual to be held on Zoom

Sage and Thyme

9.30am to 12.30pm

Spiritual Care

1.00pm to 3.00pm

Day Four

Wednesday, 18 June 2025

Virtual to be held on Zoom

Palliative Care Emergencies

12.00pm to 1.30pm

Introduction to Loss & Grief

2.00pm to 3.30pm

Wellbeing/Caring for Each Other

3.45pm to 5.15pm

Cohort 29**Day One**

Monday, 8 September
2025

Face-to-face sessions to be
held at Birmingham
Hospice, 176 Raddlebarn
Road, B29 7DA

Introduction

9.00am to 9.30am

Advance Care Planning

9.30am to 12.30pm

Assessment & Care
Planning

1.00pm to 2.15pm

Identifying and
Managing a Dying
Patient

2.30pm to 4.00pm

Day Two

Wednesday 24 September
2025

Face-to-face sessions to be
held at St. Mary's Hospice,
176 Raddlebarn Road, B29
7DA

Syringe Drivers

9.30am to 12.30pm

Symptom Management

1.00pm to 4.00pm

Day Three

Tuesday, 7 October 2025

Virtual to be held on Zoom

Sage and Thyme

9.30am to 12.30pm

Spiritual Care

1.00pm to 3.00pm

Day Four

Wednesday, 22 October
2025

Virtual to be held on Zoom

Palliative Care Emergencies

12.00pm to 1.30pm

Introduction to Loss & Grief

2.00pm to 3.30pm

Wellbeing/Caring for Each
Other

3.45pm to 5.15pm

Cohort 30		
Day One		
Monday, 3 November 2025 Face-to-face sessions to be held at Birmingham Hospice, 176 Raddlebarn Road, Selly Park, Birmingham B29 7DA	Introduction	9.00am to 9.30am
	Advance Care Planning	9.30am to 12.30pm
	Assessment & Care Planning	1.00pm to 2.15pm
	Care in the Dying Phase	2.30pm to 4.00pm
Day Two		
Wednesday, 19 November 2025 Face-to-face sessions to be held at Birmingham Hospice, 176 Raddlebarn Road, Selly Park, B29 7DA	Syringe Drivers	9.30am to 12.30pm
	Symptom Management	1.00pm to 4.00pm
Day Three		
Tuesday, 2 December 2025 Virtual to be held on Zoom	Sage and Thyme	9.30am to 12.30pm
	Spiritual Care	1.00pm to 3.00pm
Day Four		
Thursday, 11 December 2025 Virtual to be held on Zoom	Palliative Care Emergencies	12.00pm to 1.30pm
	Introduction to Loss & Grief	2.00pm to 3.30pm
	Wellbeing/Caring for Each Other	3.45pm to 5.15pm